

OFFICE: 10245 110th Avenue North • Largo • FL 33773 • (727) 391-1840

ctober 2015

lssue 8 39th Year

Happy Halloween!
"Don't we make a perfect couple?"
- Joyce & Margaret of Pointe West!

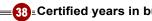


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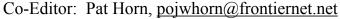
view this newsletter on-line at www.monthly-media.com



## FOR AD RATES & INFO 727-484-7488 · info@monthly-media.com

### **Lake Seminole Resort Club**

10245 - 110th Avenue North Largo, FL 33773



Co-Editor: Alice Jarvis, BGJALA@aol.co

### **EXECUTIVE COMMITTEE - SOCIAL ACTIVITIES**

President	Lynne Sheridan
Vice President	Jean Kovarik
Treasurer	Joann Davis
Secretary	Judy Bielicki
Director	Cathy Wackerman
Director	Bob Collins
Director	Pam Nadeau
Director	Betty Luciano



## Lake Seminole Resort Corporation (Lasereno, Inc.)

President...... Jack Everitt Vice President ...... Gary Eskerod Treasurer ..... Mandy Bruce Secretary .....Illa Sherman Director ...... Daniel Blackburn Director ...... Patricia Horn Director ......Robert Jaklewicz Director ...... Mandy Bruce Director ...... Joseph Cicco















### **Multiply Your Monthly Mania!**

s you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

### Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise.

### Here is how is works:

- 1. Call our office and suggest a business to advertise in the newsletter
- 2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
- 3. The more businesses you suggest, the more chances you have to win. (To qualify each resident can only suggest a business once)

### What businesses would you like to see advertising? We have spots available in the following categories:

- Accountant/Tax Prep
- Assisted Living Facility
- Attorney/Lawyer
- Automotive Painting/ Detailing
- Automotive Repair/Sales
- Awnings
- Banks
- · Bathroom Remodel
- Bicycle Repair & Sales
- Bingo
- Chiropractor
- Computer Services
- Dentist.
- Driveway Coating
- Fitness Center/Gym
- Floor Coverings/Retail

- Foot Specialist Podiatrist
- Golf Cart Sales & Service
- Hair Salon/Day Spa
- Hearing Aid/Retail
- Home Care
- Home Furniture & Mattress
- House Cleaning
- Insurance Home/Auto/Health Restaurants
- Investment/Brokerage
- Jewelry Sales/Design/Repair
- Manufactured Home Sales
- Massage Therapy
- Medical Doctor
- Mobile Home Supplies -Retail
- Motorcycle/Moped Sales & Repair

- Moving Services
- Optometrist
- Painting Inside & Outside
- Pet Services
- Pharmacy
- Remodeling/Interior
- Resale Store
- · Screen Repair
- Storage
- Taxi/Shuttle
- Travel Agent
- Veterinarian
- Window Film/Tinting
- · Window Washing
- Window Treatment/Interior



Thanks For

The Referrals

Last Month!

Three

\$5 Winners

Just for

Calling In!

Monthly Media - (727) 484-7488



### **Feeding the Wildlife**

Your Board of Directors

Tust a reminder not to set out bird feed around your home or to feed the Alligator(s) and Turtles. The problem with bird feed is that birds often shake the feeder to get at their favorites and what goes to the ground is a real snack to rodents like Rats and Opossums (who also like living under our homes).

With the Turtles and Alligators, it's the Alligators - and since they learn quickly to see you as a food source, they become more responsive and interested than you (or dog owners) want.

### **Monday Morning Coffee for the Month of July**

Dan & Annamaria Blackburn

- Host Phyllis Allen, Carolyn Fertig with MC Barbara Fix
- Host Dan & Annamaria Blackburn with MC Alice Jarvis
- Host Dan & Annamaria Blackburn
- Host Phyllis Allen, Carolyn Fertig with MC Alice Jarvis



Thanks to everyone for their help. We would like more people to sign up.

### **Ladies Luncheon**

Alice Godzich

eptember 10th fifteen women enjoyed a great lunch at the Golden Bear Restaurant. What a treat we had. There were bears everywhere but not to eat. The food was good. Some of the girls took half of their meal home. It was a lot of food.

P.S. I don't think Carolyn Fertig took any of the bears home with her but she sure did like them.

### **Labor Day**

Gloria Hughes, Mavis Casco, Sylvia Hardy

Life Goes On At Lake Seminole Resort In the Summertime

n informal get together was held on Labor Day at the Pool/Pavilion. Everyone in the Park was invited to join in and bring their own food that they wanted to eat for lunch. Despite the early heavy morning rain and it being an overcast day, twenty seven residents attended. We lit the grill and sausages, hamburgers, ribs, hot dogs, chicken, etc. were

# 

cooked. Some of the residents brought enough potato salad, chips, beans, chicken, chili sauce and desserts for everyone to

enjoy. A good time was had even though we did not get to go swimming since the weather was not conducive for swimming. We enjoyed one another's companionship/conversations until the rains came again!

### **Gardening**

Alice & Bobby Jarvis

hings look pretty good around the park. For those that have grounds care this summer on your flower beds and bushes, having someone care for them really makes a difference. We have had a lot of weeds and bush trimming. The new decorative blocks around the street side of the hall look really good. It's nice to replace the old boards that had deteriorated over the years.

I am sure a few gardeners will be returning soon and we have a lot of work to do mostly at the pond area.













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### **October Birthdays**

1	Illa Sherman
_	5

- Patricia Covault 2
- Gerald Harroun **Bob Walker**
- 5 Gail Beikirch **Gladys Collins**
- Fred Murray 8 Bob Stefanko
- 14 Marcia Smith
- 15 Ginger Webber

17 Lavergne Archer

Pat Salituri 20

Tom Lichtenthal

21 Joseph Beikirch

23 Christopher Allen 24

Charles Derry

26 Rudi Rinas

27 Bill Wahlstrom

28 Ian Ogilvey

Toni Internicola 30

### Goodwill

Barbara Fix

### **Nursing Homes, Rehab Centers or Retirement Centers**

- Marilyn Stepon, The Barrington, 901 Seminole Blvd., Largo, Fl. 33770, Room 100, Phone 727-265-0077
- Marilyn Hillig Oak Tree Manor, 7770 128th St. Seminole, FL., 33776
- Betty Bragg Oak Tree Manor, 7770 128th St, Seminole, Fl., 33776
- Jean Faucett Palm Gardens of Largo, 10500 Starkey Road, Room #149D, Largo, FL.
- Marjorie Romine Heron House, 2050 East Bay Dr., Largo, FL. 33770
- Beverly Bruce 200 Lake Ave. NE, #407, Largo, FL 33771, 727-444-0168

### **Hospitalized**

### **Deceased**

- Pete Peterson
- Marcella Ronk
- Michael Rank





## יו של היו ליו או היו או הי

### **HOMES FOR SALE**

<u>Address</u>	Bd/Ba	Phone Number (727)	<b>Price</b>
		(Includes \$50,	000 Share)
11207 101st St. N.	1/1	860-444-0580 Cruickshank/Owner	\$50,000
11264 101st Way N.	1/1	688-3694/Eileen York	\$59,500
11225 102nd St. N.	2/1-1/2	542-9960 Beth Pickett/Owner	\$59,900
11077 102nd Way N.	2/1	466-7487 Wrightsman/Owner	\$50,000
11138 102nd Way N.	2/1-1/2	508-763-4507 Al Braley son/Owner	\$55,000
11148 102nd Way N.		215-598-3842 Kerker/Owner*	\$50,000
-		*Lot or	ıly
11157 102nd Way N.	2/1-1/2	705-765-5032 Pat Gibbons/ Owner	\$60,000
11178 102nd Way N.	2/1-1/2	630-347-7907 Sue Taddeucci/Owner	\$62,000
10225 110th Pl. 2/2	398-	9753 Owner Coddington/Owner	\$113,500
	(Included in	price is closing fee and furniture)	

# **October Sudoku**

Difficulty level: medium.

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### Avoiding the dentist? It may cost you

Proper dental care is important to your overall health. Unfortunately, many of us tend to avoid visiting the dentist—often because of the cost.

A survey commissioned by Aspen Dental found that almost two out of five Americans have delayed needed dental work, or had it only partially performed, because of their financial situation. It's a figure that has jumped by almost 8 percent over the last two years, even though 80 percent say they're aware that staying away from the dentist will be more expensive in the long run.



### Take one step to lose weight

ant to lose weight? Step onto a scale every day. That may seem like obvious advice, but it's supported by the results of a study reported on the Live Science website.

In the study, researchers challenged 162 people to reduce their weight by 10 percent over the course of the year. They weren't given any specific advice, but about half the participants were given scales and told to check and record their weight every morning.

Although few of the participants in either group achieved their goal of losing 10 percent of their body weight, 29 percent of those given scales succeeded in losing at least 5 percent, but only 11 percent in the scale-free group lost as much. In addition, participants given scales managed to maintain their weight loss for a second year.

The researchers have theorized that checking weight once a day may help people pay more attention to what they eat (and how much), and reinforce positive weight-loss behaviors like skipping dessert.

Without mathematics, there's nothing you can do. Everything around you is mathematics. Everything around you is numbers.

-Shakuntala Devi

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# American Red Cross Urges Everyone to Get Ready for Emergencies Develop an Emergency Plan during National Preparedness Month

**TAMPA, FL**, September 2, 2014 — Disasters can strike at any time and the Tampa Bay Chapter of the American Red Cross encourages everyone to take the first step during National Preparedness Month and joinAmerica's PrepareAthon, creating a disaster plan for their household that can help keep people safe in an emergency.

"Having an emergency plan is an important step so everyone in the household knows what they should do if something happens," said Linda Carbone, CEO of Florida's West Coast Region and the Tampa Bay Chapter. "We believe people should mark National Preparedness Month by creating or updating their plan."

Here in Florida, Red Cross chapters have joined together in a landmark statewide campaign that will mobilize communities to be better prepared in the face of disaster. Prepare Florida will educate and empower hundreds of thousands of Floridians on how to take necessary action to care for themselves, their families and their neighbors during emergencies and will educate our citizens about what to expect during and after a disaster.

MAKE A PLAN: Everyone in the household should help put the emergency plan together so they know what they should do if something occurs. Because everyone may not be together at home when a disaster happens, the plan should include ways to contact one another and two places to meet – one near the home in case of a sudden emergency like a fire, and one outside the neighborhood in case circumstances prevent people from returning home. The plan should also identify an emergency contact person from outside the area in case local telephone lines are overloaded or out of service.

Any emergency plan should also include decisions about where to go if ordered to evacuate and what route to take to get there. It's a good idea to include alternate routes in case roads are closed. Don't forget family pets. Make sure to include plans for them such as pet-friendly hotels and animal shelters along the evacuation route.

**HOME FIRES**: The most common threat people face across the country is a fire in their home. National Preparedness Month is a good time to develop a fire escape plan and practice it with everyone in the household. When developing the plan, walk through the home and look at all exits and possible escape routes, including windows. List two ways to get out of every room in case fire blocks one of the paths. Pick a place to meet outside, a safe distance away and – no matter the circumstances – stay out of the home until fire officials say it is okay to go back inside. All households should practice their plan at least twice a year.

People should also install smoke alarms on every level of their home, inside bedrooms and outside sleeping areas. They should test the alarms monthly, replace the batteries at least once a year and replace them every ten years.



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### **EVENTS & PROGRAMS**

CRAFT SHOW, Saturday, October 10, 9am – 3pm, St. Paul United Methodist Church, 1199 Highland Avenue, Largo, FL 33770. 85 Vendors/85 Prizes. Indoor & Outdoor Show. Food, Children's Activity Center & Pumpkin Patch. \$1.00 Admission.

Caribbean Isles Craft/Granny Attic November 25, 8am - 1pm, Breakfast/Lunch available. 12100 Seminole Blvd., Largo

Annual Craft Fair Saturday Nov 7, 2015 @ Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Open 9amlpm. A big variety of crafts. Bake sale and canteen open for food.

CRAFT FAIR! Nov. 14th 9:00am to 1:00pm Southwind MHP invites you to come and view our handmade craft-sand delicious baked foods. Food will be available in club house. Our fall and winter creations are great gifts! 795 CR#1, Palm Harbor - Between Curlew and Tampa Rd.

Eternal Visipn Gospel Group at Crossroads Christian Church, October 29th 727-584-8601 RSVP by October 25th CRAFT FAIR! Saturday November, 7th, 8 AM - 2 PM, Sugar Creek Mobile Home Park Clubhouse - 10265 Ulmerton Rd., Largo (Behind Pier One Store) Lunch and Bake Sale. Table \$10.00 727-584-4204

Crafters Faire, October 24, 2015, Island in the Sun Park 100 Hampton Rd, Clearwater, Florida 33759, 9-5 in the clubhouse. Start your Christmas shopping now. Great items to choose from, Ceramics, Hand knitted items, Christmas Santas, door decorations, character themed Hoodies for children and more. ALL hand crafted items!

### WANTED TO BUY

When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.

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### HELP WANTED

Crafters Wanted: Paradise Island Annual Craft Fair Sat. Nov 7, 2015 Tables \$10 & \$15 Call Marcia 727-953-3616

### ARTICLES FOR SALE

Moving: October 1-3 Doral, 29250 U.S. HWY 19 North Lot 448

Sliding Shower / Bath Chair - New in box. \$125.00 Call 727-560-4140

### **NOVEMBER AD DEADLINE - OCTOBER 10, 2015**

Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
 Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
 No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.







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Bob's Appliance Repair	727-637-4789
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Auto Painters Plus, Inc	727-504-6891
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Browns Automotive	
Garza Motors	727-240-0790
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Tampa Bay Car Cash	727-580-9580
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Bay Area Aluminum Services, Inc	
Century Awnings Co	727-559-8811
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BathMasters	727-333-7997
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Electro-Glo Inc.	727-556-0701
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A1 Dry Carpet Cleaning	727-729-0547
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AJ's Beds & Furniture	727-588-0406
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Pinellas Golf Carts, LLC	727-754-2923
GOLF CARTS SALES & SERVICE	707 770 0000
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	121-548-8460
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Knoblach HEaring Care, Inc	121-530-3533
INSURANCE/AUTO	707 505 0504
O. E. WilsonINSURANCE/HEALTH	121-535-0524
INSUKANCE/HEALIH	600 000 7005
Renee Blair	
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LAKE SEMINOLE RESORT NEWS BULLETI	IN OCTOBER, 20

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Speedy Mobility	727-223-9898
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Southeast Mobile Home Supplies	727-522-2090
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Royal Enterprises	707 204 7254
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# OCTOBER•2015

londay	Sunday
	NOVEMBER 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
Monday 7	4
Monday 7	11
Monday 7	18
26 Monday 7	25

# **Lake Seminole**

i00A uesday	Wednesday	Thursday	Friday	Saturday	
ne Dancing		1	2		3
		8:00A Men's Golf Meeting 6:30 P Cards		10:00A Line Dancing	
6	7	8	9		10
Gardening	9:00A Men's Golf Lawn Mowing	8:00A Men's Golf Meeting 6:30 P Cards		10:00A Line Dancing	
13	14	15 8:00A Men's Golf	16		17
Gardening	9:00A Men's Golf Lawn Mowing	Meeting 6:30 P Cards BULLETIN DEADLINE		10:00A Line Dancing	
20	21	22	23		24
Gardening	9:00A Men's Golf	8:00A Men's Golf Meeting 6:30 P Cards		10:00A Line Dancing	
27	28	29	30		31
Gardening	9:00A Men's Golf Lawn Mowing	8:00A Men's Golf Meeting 6:30 P Cards		10:00A Line Dancing	
				Halloween	









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## 

### **Avoiding Seasonal Illness**

all brings about cooler weather. Riding on the coat tails of seasonal changes are some nasty germs that can cause mild to severe colds and flu in people of all ages. Seniors are especially at risk.

The flu vaccination is highly recommended for seniors to prevent contracting that virus. Even after vaccination some people may get the flu, though symptoms are not as severe as they can be without the vaccine. While there is no vaccination for the common cold, there are ways to decrease your chances of catching colds as well as the flu by educating yourself on prevention methods and practicing due diligence when putting your knowledge to work.

The most important factor in preventing and battling bacteria and viruses is to wash your hands frequently. The Centers for Disease Control advises washing hands for 20 seconds longer than you normally do, with warm, soapy water.

It is also important to maintain a healthy immune system. A diet containing whole grains, fresh fruits and vegetables is key. Physicians may recommend vitamin supplements to keep the immune system healthy. Foods that help boost your immune system contain high levels of vitamin C, which produces antibodies that fight infection. Include choices such as red, yellow, and green peppers, pineapples, oranges and kiwis in your daily diet.

Sleep is critical to maintain vital immune systems. Experts recommend 7-8 hours of sleep per night for optimum results. Indulge in daily naps to give your body the quality time it needs to rejuvenate.

Fluid consumption keeps the mucous membranes in your nose and lungs hydrated, which deters germs from becoming active in those places. Vitamin A can help maintain moisture of the mucous membranes in your nose and mouth, as they are often the first line of defense against infection.

Putting these methods into practice in your daily life can help you maintain overall good health and hopefully limit your susceptibility to seasonal illnesses.

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### Love, honor, and make your payment

ne important factor that can unbalance a marriage or romantic relationship is debt. A survey conducted by Harris Poll for NerdWallet determined that 35 percent of adults have brought at least some credit card debt into their romantic relationships—more than student loans, car payments, medical loans, and mortgage debt.

More men than women bring it, with 42 percent of adult men coming into relationships with credit card debt, as opposed to 29 percent of women. Whoever's behind it, though, such debt can have costs beyond interest payments: 25 percent of couples with at least one partner dealing with credit card debt reported that it had a negative impact on their relationship.



### Be alert to the signs of Alzheimer's disease

ore than 5 million people live with Alzheimer's disease in the U.S. It's an affliction that can't be diagnosed with a blood test or a brain scan, so doctors and patients depend on behavioral clues to determine whether someone is suffering from it. An early diagnosis can help with treatment and care, so pay attention to these warning signs from the Alzheimer's Association:

- Changes in memory that disrupt daily activities
- Difficulty solving problems or making plans
- Problems performing familiar tasks at work or at home
- Confusion over places and times
- Problems processing visual images and spatial relationships
- Growing difficulties with writing and speaking
- Losing items/getting lost outside



If you or a loved one begins exhibiting a number of these symptoms, consult with your doctor. Although Alzheimer's has no cure, many treatments can delay its onset and provide a meaningful quality of life for years.

### October Is...

dopt A Dog Month. Millions of animals are waiting for someone to give them a safe, loving home. Be a hero and consider adopting a rescue animal or a dog from your local shelter. You'll be saving a life and adding joy to yours.

Eye Injury Prevention Month. Protecting your eyes from injury is one of the most basic things you can do to keep your vision healthy throughout your life. The American Academy of Ophthalmology reminds everyone to wear protective eyewear when performing home repairs or maintenance, and while playing sports.

National Bullying Prevention Month. A campaign to unite communities nationwide in educating and raising awareness of bullying prevention. National Bullying Prevention Month is recognized across the United States, with organizations like Facebook, Disney, CNN, Yahoo Kids, and other partners supporting the effort through media outreach and dissemination.

National Cyber Security Awareness Month. National Cyber Security Awareness Month is designed to engage and educate public and private sector partners with events and initiatives aimed at raising awareness about cyber security and increasing the resiliency of the nation in the event of a cyber incident.

### **Week to Week**

mergency Nurses Week, Oct. 11-17. Sponsored by the Emergency Nurses Association, which represents the approximately 180,000 emergency nurses in the U.S. who save lives and render aid on a 24/7 basis.

Earth Science Week, Oct. 11-17. An international event to help the public gain a better understanding and appreciation for the Earth sciences and to encourage stewardship of the Earth.

Nuclear Science Week, Oct. 19-23. A national celebration to focus local, regional, and national attention on all aspects of nuclear science. The 2015 theme:

"Get to Know Nuclear."

Respiratory Care Week, Oct. 25-31. An annual event that recognizes the respiratory care profession and promotes awareness of lung health issues and practices.

### We Need Cover Pictures! Send in Your Interesting Photos!

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here: P<sub>icture</sub>



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## Follow correct procedures whenever you lift a load

ifting heavy items incorrectly can injure your back and other parts of your body. Whenever you have a heavy object to move, follow these basic rules for staying safe:

- Bend at the knees.
- Keep your head up.
- Keep your back straight.
- Lift with your legs, not your arms or back.
- Keep the object close to your body.
- Don't twist your back as you walk.
- Maintain stable footing.
- Ask for help if the load is too heavy for you to move on your own.



etting along with your manager is important to success in any workplace, but so is a good relationship with your co-workers. You need everyone's support to get ahead. Forge strong connections by looking at these factors:

- Expectations. Clarify what you expect from your colleagues in the way of information, assistance, and results. Get to know each other's goals so you can provide the right kind of support.
- Mutual trust. Can you count on each other to follow through on commitments—or at least warn that problems are approaching? This is possible only if you both take responsibility for cooperation and communication.
- Sociability. Can you do more than merely tolerate each other? Go beyond common courtesy and show a genuine interest in other people's lives outside the job. Relationships grow through getting to know each other on a personal basis instead of just talking about work
- Communication. This is the acid test of any working relationship: Can you tell each other what's on your mind? This isn't simply a matter of airing complaints. Delivering praise or thanks to a co-worker may feel awkward, but it's the heart of a good relationship. Be honest with the people around you, and listen to their words in the same spirit.



## 

### Thought-controlled robots offer freedom and mobility

I umans can now control robots remotely with their thoughts, thanks to a team of scientists who have developed technology to help people with disabilities regain some independence in their lives.

The robots are equipped with wheels and a video camera. The scientists tested them with a group of 19 subjects, nine with disabilities and 10 without. Each subject wore a helmet studded with electrodes that analyzed with brain signals for several weeks. Then they were told to direct the movements of a robot in Switzerland via the Internet. After less than 10 days of training, all of the nine participants with disabilities were able to control the robot easily, as did those with no disability.

In addition, the robot is able to avoid obstacles on its own without direction from its human controller, allowing people to take a break when they become tired. Such robots could become part of the daily life of people with mobility issues, giving them the opportunity to interact with others outside their homes.

### Solar panel promises hope for clean fuel

new type of solar panel could allow us to split water into hydrogen and oxygen atoms and create a clean hydrogen fuel, according to the NBC News website.

The panel, developed by scientists in Switzerland, looks like the common solar panels found on rooftops. Sunlight passes through a layer of water, and the non-toxic chemical tungsten diselenide orks as a catalyst to break the water into its separate hydrogen and oxygen atoms. The scientists hope to commercialize the process to create a cheap source of hydrogen fuel, but a practical version won't be available for at least 10 years.

We can judge our progress by the courage of our questions and the depth of our answers, our willingness to embrace what is true rather than what feels good.

—Carl Sagan



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## Spiders On The Move: Land, Air, And Water

If you're afraid of spiders, this may not be good news: Scientists have discovered that some spiders can actually walk or sail across water, allowing them to travel great distances and colonize new areas of the world.

Spiders have long been known to travel by "ballooning"—climbing to the top of a plant or tree and shooting out a strand of web that catches the breeze, pulling them through the air. But what happens when they land on water? Some species of spiders have water-resistant legs that prevent them from sinking beneath the surface. With specialized "dance" routines, the spiders are able to make their way across the water. In addition, they're able to lift their legs to catch the wind, sliding on the surface as if sailing. Some spiders are also able to lift their abdomens like sails and take advantage of air currents to transport themselves.

All this helps spiders move about, allowing them to take their place as predators keeping insect populations in check. How far they can actually travel is still unclear, as is the question of whether salt water affects their mobility. Scientists are continuing to study the spiders to find out if they can literally sail across the ocean.

### **Black Holes: The Truth Is Out There (Just Hidden)**

he universe is full of supermassive black holes, according to findings from NASA's Nuclear Spectroscopic Telescope Array (NuSTAR). But they're not always easy to locate because they're typically found at the center of galaxies, and hidden by clouds of dust and gas.



Astronomers found several of them recently them by analyzing high-energy X-rays at nine locations throughout the universe. The NuSTAR confirmed the existence of five black holes and determined that they're much more active than previously was known, consuming huge amounts of interstellar material and emitting large doses of radiation.

The NuSTAR's readings confirm theories of the presence of black holes throughout the cosmos and help to explain why many of them are obscured from view.

We can judge our progress by the courage of our questions and the depth of our answers, our willingness to embrace what is true rather than what feels good.

—Carl Sagan

## 

### ACROSS

- 1. Stop for a horse
- Exploded stars
- 10 Flutter
- 14. Not his
- 15. Small African antelope
- 16. Hindu princess
- 17. Disgraceful
- 19. At the peak of
- 20. Ribonucleic acid
- 21. Graven images
- 22. Display
- 23. Ointment ingredient
- 25. Of a pelvic bone
- 27. Record (abbrev.)
- 28. A daily evening church service
- 31. Wanderer
- 34. Make improvements
- 35. Japanese apricot
- 36. Bucolic
- 37. Skating jumps
- 38. Permits
- 39. " the season to be jolly"
- 40. Female internal reproductive organ 1. Vortex
- 41. Not last
- 42. Completely
- 44. Spy agency
- 45. Unreactive
- 46. Military quarters
- 50. Manacles
- 52. Habituate
- 54. Alkaline liquid
- 55. Murres
- 56. Teen
- 58. Adolescent
- 59. Blockages
- 60. Relating to urine
- 61. Where the sun rises

October

Crossword

- 62. Children
- 63. Carve in stone

# 17 20 23 42 58 59 61 63 62

- 2. Reddish brown
- 3. Keyboard instrument
- 4. American Sign

### Language

- 5. Scandinavian
- 6. Heavenly hunter
- 7. Six-stringed instrument 30. Essence
- 8. In an opprobrious

### manner

- 9. Female sib
- 10. Donnybrook
- 11. Recent arrival
- 12. Shortly
- 13. A hollow cylindrical shape

### DOWN

- 18 Lubricated
- 22. A region of SE Pakistan
- 24. By mouth
- 26. Focusing glass
- 28. Manicurist's board
- 29. Catches
- 31. Anagram of "Tine"
- 32. Norse god
- 33. Baffles
- 34. In an uplifted manner
- 37. Affirm
- 38. Teller of untruths
- sailing vessel
  - 50. Adorable
  - 51. Component of urine

40. Mining finds

44. Gentle stroke

46. Protrusion

48. Faultfinder

49. A two-masted

41. Infernos

43. Child

47 Alarm

- 53. Cozy corner
- 56. Play a role
- 57 Prompt



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\$5	Jones & Sons Plumbing
\$5	Natures Resource Pest Control, Inc.
\$5	Knoblach Hearing Care
	Ron Wyngarden MH Washing
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	\$100\$10\$5\$5\$5\$5\$5\$5\$5\$5

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Lorraine Fitzgerald	. \$5	Mobile Home Depot
Patricia Schmitz	. \$5	Boss Electric Corp
		Battleline Termite & Pet Control, Inc.
Michael Boey	. \$5	Jones & Sons Plumbing
Donna Dotson	. \$5	. Ron Wyngarden Mobile Home Washing
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Joseph Eggleston	. \$5	Chambers Specialties, Inc.
Sandra Timmons	. \$5	Modern AC & Appliance Service
Pamela Torgersen	. \$5	Boss Electric Corp
David Foran	. \$5	Heller's Mobile Home Washing
Connie Buford	. \$5	Buggin Out Termite & Pest Control
		Kathy's Cleaning Service
Joe Palmer	. \$5	Battleline Pest Control, Inc.
John Birk	. \$5	Imperial Electric Service
Jill Coppins	. \$5	Sunset Appliance Service
Arlene Willmer	. \$5	Appliance Specialty, Inc.
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